

Student Rules and Regulations

Students must follow these basic rules while in the Do jang. The rules are intended to promote an effective training environment and to emphasize physical and mental growth.

The rules are as follows:

- 1 Always bow to the flags and master instructor, instructors and fellow students upon entering and exiting the Do jang.
- 2 To show proper respect for your instructor's before beginning a conversation or asking a question, use "Sir" or "Ma'am" as appropriate for all black belt students. When referring to particular instructor, use "Mr., Mrs., or Miss.
- 3 All students are expected to be courteous and obey their instructors. Advanced students are expected to set a good example for lower belt students.
- 4 Whenever you approach instructors or senior belts, bow first and then speak to them politely.
- 5 When the Master arrives, always stand and bow. The first person to notice the Master is to call "Charyut."
- 6 Upper rank students should help teach the lower rank students the discipline, manners, techniques, terminology and rules of the school.
- 7 Practice only the poomse (forms) which have been taught to you by the instructors. Do not teach other martial arts techniques without the permission of the Master.
- 8 The Master is the only one who may grant you permission to participate in tournaments or exhibitions sponsored by other schools. Always maintain the standards and reputation of the school when you are outside of the school.
- 9 Always keep your Dobok (uniform) clean and pressed. It is disrespectful to present yourself in a torn, wrinkled or dirty Dobok (uniform). And for health and safety reasons, please keep your nails trimmed.
- 10 Do not face the Master, flags or other students when adjusting your Dobok (uniform).
- 11 All students are to keep their toenails and fingernails trimmed.
- 12 Be on time for class! Only the Master may grant permission to enter or exit the class late.
- 13 The following are NOT permitted in the Do jang: shoes, jewelry, watches, food, drink, smoking, intoxication, chewing gum, profanity, loud talking, laughing or arguing.
- 14 Students making a public display for lack of self-control will be asked to leave. This includes yelling at the Master, the staff or other students.
- 15 Undivided attention is required during class. Anyone who violates this will be asked to leave.
- 16 Korean terminology will be used during class time. It is your responsibility to learn the terms for your rank.
- 17 Tiger Koo's Martial Arts belongs to its members. All members are asked to avoid any unnecessary messes or damage. As a matter of school pride, all students are expected to help keep the school clean.
- 18 Students who tempt others into breaking rules will be expelled. Any student discovered to be an abuser of alcohol or drugs or member of a gang will be expelled.
- 19 Report all injuries to the Master immediately.
- 20 You may only spar with the permission of the Master. There is NO physical contact without sparring gear.
- 21 Rank advancement will be awarded at the discretion of the Master. Your attitude and manners play a very important role in rank advancement.