

Tiger Koo's 5<sup>th</sup> Annual

# 2019 Open Championship

Tiger Koo's Martial Arts 10 years Anniversary Special

## September 22, 2019 Sunday

**Dundee Crown High School**

**1500 Kings Rd, Carpentersville, IL**

Form - Individual Form, Group Form, Family Form

Sparring (Level 1,2)

Board Breaking

Demonstration Board Break

Hap Ki Do (Self-Defense)

Jumping Flying Side Kick

Jumping High Front Kick

Speed & Power Breaking

Demo Team Competition



**More Info:**

**Tiger Koo's Martial Arts (Main School)  
1536 E. Algonquin Rd. Algonquin, IL 60102**



Sponsored by



**TIGER KOO'S  
MARTIAL ARTS ACADEMY**

Tel : 847-658-0099 / E-mail : tigerkoosma@gmail.com

For more info Call : Master Koo (Jong Sub Koo)



## INFORMATION

**DATE:** Sunday, September 22<sup>nd</sup>, 2019

**LOCATION:** Dundee Crown High School – 1500 Kings Rd, Carpentersville, IL 60110

**TYPE OF COMPETITION:** Form (Level 1, 2) / Breaking / Sparring (Level 1, 2)

### SPECIAL EVENTS

- ◆ Group Form (3 Members only, Following Belt and Age group) / Family Form (2 or More)
- ◆ Hap Ki Do (Self-Defense: 3 Techniques-with your own partner)
- ◆ Demonstration Board Breaking Competition (13years and Up Male, Female / 14years and Up)
- ◆ Jumping Flying Side Kick – Who is going to jump the furthest and break successfully?! (13years and Up Male, Female / 14years and Up)
- ◆ Jumping High Front Kick – Who is going to jump the highest and break successfully?! (13years and Up Male, Female / 14years and Up)
- ◆ Power Breaking (Over 13 years old/Male, Female Division) – Palm, Knife Hand, Elbow (Personal Choice)
- ◆ Speed Breaking (20sec - 13years and Up Male, Female / 14years and Up)

#### **Skip Round House Kick**

Both hands up to your sides is your distance and you have to skip round house kick to the right and left side.

#### **Spinning Hook Kick**

(Only Horizontal foot will count)  
While kicking, you have to stay within 4 mats distance until finish.

(Speed breaking example movie [www.tigerkoosma.com](http://www.tigerkoosma.com) (in the youtube))

**Demo Team Competition:** Start with music – 6 min. limit

### AWARDS

- ◆ Grand Slam (Form, Breaking, Sparring – 1<sup>st</sup> place each event) – Middle Trophy
- ◆ Form, Group, Family Form, Board Breaking, Sparring and Hap Ki Do Competitors – Medal
- ◆ Power, Speed and Demonstration Board Breaking and Jump Flying Side Kick, Jump High Front Kick, Demo Team - Big Trophy

### COMPETITION FEE

1 Event \$75.00    ◆    2 Event \$85.00    ◆    3 Event \$95.00    ◆    4 Event \$105.00

(Any Board Breaking Event Will Cost Extra)

(Board Breaking / Demonstration Board Breaking– you may only choose one of these events)

(Jumping Flying Side kick / Jump High Front kick / Power Breaking / Speed Breaking– you may only choose one of these events.)

- ◆ Board Breaking Additional \$3 per 1 each Board (3 boards-\$9, 4 boards-\$12, 5 boards-\$15)
- ◆ Demonstration Board Breaking you need to pay \$25 Extra for Boards fee(7 technique for total, minimum 9board breaking)
- ◆ Jumping Flying Side Kick you need to pay \$15.00 Extra for Boards fee
- ◆ Speed and Power Breaking, you need to pay \$30.00 Extra for each event – We will provide boards
- ◆ Demo Team (Group Fee \$150.00)

### ENTRANCE FEES

- ◆ Spectator tickets will be available at the door as follows
- ◆ Adult (13 years old and over): \$12.00 / Senior 65 years old and over: \$6.00 / Children (6~12 years old): \$6.00 / Children (5 years old & under): Free



## SCHEDULE OF EVENTS

**8:00AM** - Competitor Registration Open

**8:15AM** - Referee & Judge Meeting

**8:30AM** - Group Form & Family Form

**9:00AM** - Form (**Level 1**- Court #5,6,7 / **Level 2**-Court #1,2,3,4)  
Hap Ki Do (Self-defense)

**10:00AM** - Board Breaking (All Courts)

*Maximum 3 attempts and NO using any equipment or any people*

**10:50AM** - Demonstration Board Breaking - Court #5, 6

*\*Board Breaking / Demonstration Board Breaking– you may only choose one of these events*

**11:20AM** - Individual Sparring

(**Level 1** -Court# 5,6,7 / **Level 2** – Court#1,2,3,4)

*Color Belt: 1min 2round, Black Belt: 1 min 30 second 3round*

**12:30PM** - Lunch Time

**1:00PM** - Power Breaking-Over 13 years old (Court#1,2)

**1:00PM** - Jumping Flying Side Kick / Jumping High Front Kick (Side Court)

*\*Jumping Flying Side kick / Jump High Front kick / Power Breaking / Speed Breaking  
– you may only choose one of these events.*

**1:00PM** - Speed Breaking (Court#3,4)

*(Speed Breaking competitor must bring your **own team**)*

**1:30PM** - Demo Team Competition

*Start with music: 6 minute (Court#1,2,6,7)*

**Level 1: more than 1 times experience competition for state championship**

**Level 2 : Traditional Martial Arts style**



ALL COMPETITION AGE DIVISION

3~4 years old	5~6 years old	7~9 years old	Child Board
10~11 years old	12~13 years old		Medium Board
14~17 years old	18~32 years old	33 years old and Up	Adult Board

FORM LEVEL DIVISION (ONE ON ONE)

Side Court 1	Form <b>Level 2</b> Court # 1, 2, 3, 4		Side Court 2
	<b>Court #3</b> Tae Geuk 5, 6 Hap Ki Do(Self-Defense)	<b>Court #1</b> Gi Cho 1&2, Tae Geuk 1, 2 Koryo(1Dan)	
	<b>Court #4</b> Tae Geuk 7, 8 Pyongwon(3Dan), Taeback(4Dan)	<b>Court #2</b> Tae Geuk 3, 4 Keum Gang (2Dan)	
	Form <b>Level 1</b> Court # 5, 6, 7		
Jump Front Snap Kick	<b>Court #7</b> Tae Geuk 7, 8 Over 3Dan Black Belt	<b>Court #5</b> Tae Geuk 1~3 1Dan Black Belt (Koryo)	Jump Flying Side Kick
		<b>Court #6</b> Tae Geuk 4~6 2Dan Black Belt (Kuem Kang)	



**BOARD BREAKING BELT DIVISION**

<p>Court #3</p> <p><b>Blue ~ Red Belt / (Tae Geuk 4,5,6,7)</b>  <b>"C" type</b> - 4 Board Breaking</p> <p>1. Elbow                                 2. Fornt Snap Kick                  3. Spinning Hook Kick         4. Free Style</p>	<p>Court #1</p> <p><b>White ~ Yellow Belt / (Gi Cho Form)</b>  <b>"A" type</b> - 3 Board Breaking</p> <p>1. Knife Hand                         2. Round House Kick                  3. Free Style</p>
<p>Court #4</p> <p><b>Blue ~ Red Belt / (Tae Geuk 4,5,6,7)</b>  <b>"C" type</b> - 4 Board Breaking</p> <p>1. Elbow                                 2. Fornt Snap Kick                  3. Spinning Hook Kick         4. Free Style</p>	<p>Court #2</p> <p><b>Orange ~ Purple Belt / (Tae Geuk 1,2,3)</b>  <b>"B" type</b> - 4 Board Breaking</p> <p>1, Punch                                 2. Side Kick                  3. Back Kick                             4. Free Style</p>
<p>Court #7</p> <p><b>Black Belt 2</b>                  5 Board Breaking (Free Style)</p>	<p>Court #5</p> <p><b>Deputy Belt / (Tae Geuk 8 &amp; Tae Geuk Review)</b>  <b>"D" type</b> - 5 Board Breaking</p> <p>1. Round House Kick                 2. Back Kick                     3. Jump Flying Side Kick                  4. Tornado Kick                         5. Free Style</p>
	<p>Court #6</p> <p><b>Black Belt 1</b>                  5 Board Breaking (Free Style)</p>

**BREAKING DIRECTION**

<p><b>"A" type</b></p> <p>White ~ Yellow Belt / (Gi Cho Form)                  &lt; 3 Board Breaking &gt;</p> <p>1.Knife Hand     →                    2.Round House Kick                     ↙                  3.Free Style</p>	<p><b>"B" type</b></p> <p>Orange ~ Purple Belt / (Tae Geuk 1,2,3)                  &lt; 4 Board Breaking &gt;</p> <p>1.Punch             →                    2.Side Kick                     ↙                  3.Back Kick         ↖                    →                    4.Free Style</p>
<p><b>"C" type</b></p> <p>Blue ~ Red Belt / (Tae Geuk 4,5,6,7)                  &lt; 4 Board Breaking &gt;</p> <p>1.Elbow             →                    2.Front Snap Kick                     ↙                  3.Spining Hook Kick     →                    4.Free Style</p>	<p><b>"D" type</b></p> <p>Deputy Belt / (Tae Geuk 8 &amp; Tae Geuk Review)                  &lt; 5 Board Breaking &gt;</p> <p>1.Round House Kick     →                    2.Back Kick                     ↙                     3. Jump Flying Side Kick                     ↙                  4.Tornado Kick         →                    5. Free Style</p>

**Black Belt "Free Style" (5 Board Breaking)**



## SPARRING DIVISION

(Color Belt : 1 min, 2 round / Black Belt : 1 min-30 second, 3 round)

Individual and Group Sparring (**Level 1** -Court# 5, 6, 7 / **Level 2** – Court#1,2,3,4)

**Head Contact (Level 1)** All Black Belt (Light Contact to head)

**"No" Head Contact (Level 2)**

Sparring Level 2 Court # 1, 2, 3, 4	
<b>Court #3</b> All Belt 14yrs~17 yrs	<b>Court #1</b> All Belt 3yrs~9 yrs
<b>Court #4</b> All Belts 18 yrs and up	<b>Court #2</b> All Belt 10yrs~913yrs

Sparring Level 1 Court # 5, 6, 7	
<b>Court #7</b> All Belts 18 yrs and up	<b>Court #5</b> All Belt 3yrs~9 yrs
	<b>Court #6</b> All Belt 10yrs~13yrs

When finish any Court available will moving to Other court.

**Demonstration Board Breaking: 7 Techniques (Just this Event triple kick is 1 technique)**

You must attempt Cartwheel kick or any Jump rolling kick in the air or back flip kick, over triple kick in the air (Ex: Triple front snpqkick), and tonado kick (or yourk turn kick) over 360degree spin kick, Jump basic kick (you can do 540 or 720degree spin kick) within these 7 techniques)

EX: 1. punch 2. side kick 3. Jump Round house kick 4. Tonado kick (or Yourk turn kick) 5. Tripple front kick 6. Jump spin hook kick (or 540, 720degree spin kick) 7. Back Flip kick (or Cartwheel kick)

**Jumping Flying Side Kick** (8~12 years old), (13 years old and up) / Male, Female

Furthest Jumping Flying Side Kick Over Obstacle with Board Breaking success

**Jumping High Front Kick** (8~12 years old), (13 years old and up) / Male, Female

Higher Jumping Front Kick Over Obstacle with Board Breaking success

**Power Breaking** (13 years old and up, Male & Female)

Palm, Knife Hand, Elbow (You can choose.)

**Speed Breaking:** (30 seconds) / [www.tigerkoosa.com](http://www.tigerkoosa.com) (go to YouTube) 8 years old and up

Male, Female

Skip round House Kick Right, Left Side

Spinning hook Kick in the 4 mats

Speed Breaking competitor must bring your own team

When you break, your foot must be like #1.

If you kick like #2, It won't Count!!!

Winner = Most Boards Broken Correctly!!!



1  
Good!!!

2  
NO!!!

**Demo Team Competition** (Start with music -6min)

Over 6min results in automatic disqualification!

You have to bring your own equipment (include board)



## DETAIL COURT INFORMATION

*All Competition Age Division*

3~4 years old	5~6 years old	7~9 years old	Child Board
10~11 years old	12~13 years old		Medium Board
14~17 years old	18~32 years old	33 years old and Up	Adult Board

<p style="text-align: center;"><b>Court #3</b></p> <p>Form : <u>Level 2</u> Tae Geuk 5,6                  Hap Ki Do (Self-Defense)                  Breaking : <b>"C" type</b> (4 Board Breaking)                  Sparring : <u>Level 2</u> All Belt 14yrs~17 yrs old</p>	<p style="text-align: center;"><b>Court #1</b></p> <p>Form : <u>Level 2</u> Gi Cho 1,2                  Tae Geuk 1,2 and Kory (1 Dan)                  Breaking : <b>"A" type</b> (3 Board Breaking)                  Sparring : <u>Level 2</u> All Belt 3yrs~9yrs old</p>
<p style="text-align: center;"><b>Court #4</b></p> <p>Form : <u>Level 2</u> Tae Geuk 7, 8                  Pyuonng Won (3 Dan) Tae Back (4 Dan)                  Breaking : <b>"C" type</b> (4 Board Breaking)                  Sparring : <u>Level 2</u> All Belt 18yrs and Up</p>	<p style="text-align: center;"><b>Court #2</b></p> <p>Form : <u>Level 2</u> Tae Geuk 3, 4                  Keum Gang (2 Dan)                  Breaking : <b>"B" type</b> (4 Board Breaking)                  Sparring : <u>Level 2</u> All Belt 10yrs ~ 13yrs old</p>
<p style="text-align: center;"><b>Court #7</b></p> <p>Form : <u>Level 1</u> Tae Geuk 7, 8 / Over 3Dan Black Belt                  Breaking : Black Belt <b>"Free Style"</b> (5 Board Breaking)                  Sparring : <u>Level 1</u> All Belt 14yrs and Up</p>	<p style="text-align: center;"><b>Court #5</b></p> <p>Form : <u>Level 1</u> Tae Geuk 1~3 / 1Dan Black Belt(Koryo)                  Breaking : <b>"D" type</b> (5 Board Breaking)                  Sparring : <u>Level 1</u> All Color Belt 3yrs~9 yrs old                  Demonstration Board Breaking (13yrs and Under)</p>
	<p style="text-align: center;"><b>Court #6</b></p> <p>Form : <u>Level 1</u> Tae Geuk 4~6 / 2Dan Black Belt(KuemKang)                  Breaking : Black Belt <b>"Free Style"</b> (5 Board Breaking)                  Sparring : <u>Level 1</u> All Color Belt 10yrs~ 13yrs old                  Demonstration Board Breaking (14yrs and Up)</p>

**Side Court 1, 2**  
 Only Jumping Flying Side Kick & Jumping High Front Kick

Demonstration Board Breaking : Court #5, 6 ————— 10:50Am  
 Power Breaking & Speed Breaking : Court #1, 2, 3, 4 ————— 1:00Pm  
 Jumping Flying Side Kick / Jumping High Front Snap Kick : Side Court 1, 2 ————— 1:00Pm  
 Demo Team : Court #1, 2, 3, 4 ————— 1:30Pm



# 2019 TIGER KOO'S OPEN CHAMPIONSHIP ENTRY FORM

**Applications with missing information will not be processed. Please fill in all information completely!**

Last Name	First Name	M / F	
D.O.B	Age	Weight	Belt Rank
Martial Arts School Information	Martial Arts School Name		
	Address		
	City	State	
	Zip	Phone#	

**"LIABILITY WAIVER"** In Consideration of your acceptance of my entry in this tournament, I do hereby on behalf of myself, my heirs, executors, administrators waive, release and forever discharge any and all rights and claims for damages which I may have against Chicago Martial Arts Association and Members of the tournament and their respective officers, agents, representatives, successors, and / or assigns, and against any competitor for any and all damages which may be sustained by me in connection with my association with or entry in the above athletic meet, and which may arise out of traveling to, participating in, and / or returning from such athletic meet. I fully understand that Tae Kwon Do is a body-contact sport and that injuries can occur during competition. I further acknowledge having received and reviewed a copy of the rules of this competition. I fully understand the competition rules and agree to fully abide by them. In the event this application is for a minor, I warrant and represent that I am the parent or legal guardian of such applicant and that I waive any and all rights and claims for damages claimed for competitors contained herein.

**Note:** This release, Consent and assumption of risk, has important legal consequences. If the competitor, whose name appears above, is under the age of 18, his / her parent or legal guardian must execute this document. (C.M.A. regulations will govern these championships for forms, breaking, and sparring players.)

**COMPETITOR SIGNATURE(IF OVER 18 YEARS OF AGE):**

SIGN : \_\_\_\_\_ DATE: \_\_\_\_/\_\_\_\_/\_\_\_\_

**PARENT / LEGAL GUARDIAN SIGNATURE: (IF UNDER 18 YEARS OF AGE):**

SIGN : \_\_\_\_\_ DATE: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Events:**

- Form: \_\_\_\_\_ /  Board Breaking \_\_\_\_\_
- Sparring: \_\_\_\_\_ /  Hap Ki Do (Self-Defense): \_\_\_\_\_
- Speed Breaking:  Skip Round House Kick /  Spinning Hook Kick  Jump Flying Side Kick
- Power Breaking:  Palm /  Knife Hand /  Elbow /  Punch  Jump High Kick
- Demo Team  Demonstration Board Breaking (New Event!!!)
- 1 Event \$75 /  2 Events \$85 /  3 Events \$95 /  4 Events \$105 /  5 Events \$115

**Board Breaking Additional \$3 per 1 each Board (3 boards-\$9, 4 boards-\$12, 5 boards-\$15)**

**Demonstration Board Breaking you need to pay \$25 Extra for Boards fee(7 technique for total, minimum gboard breaking)**

**Board Breaking / Demonstration Board Breaking**– you may only choose one of these events

**Jumping Flying Side, Jump High Kick \$15.00 Extra Each**

**Speed and Power Breaking \$30.00 Extra Each (We will Provide Board)**

**Jumping Flying Side kick and Jump High Front kick, Power and Speed Breaking**– you may only choose one of these events.

Total Events: \_\_\_\_\_ Total Amount Enclosed : \$ \_\_\_\_\_ (No Refunds On Entry Fees)

**- Make Check Payable To: "Tiger Koo's Martial Arts" -**





# 2019 TIGER KOO'S OPEN CHAMPIONSHIP DEMO TEAM ENTRY FORM

Last Name	First Name		M / F
D.O.B	Age	Weight	Belt Rank
Martial Arts School Information	Martial Arts School Name		
	Address		
	City		State
	Zip	Phone#	

Demo Team Fee: \$150.00 for Entire Team. **\*This is not included In "Events"**  
**Demo Team - you must Join a minimum of 1 Event**

### "LIABILITY WAIVER"

In Consideration of your acceptance of my entry in this tournament, I do hereby on behalf of myself, my heirs, executors, administrators waive, release and forever discharge any and all rights and claims for damages which I may have against Chicago Martial Arts Association and Members of the tournament and their respective officers, agents, representatives, successors, and / or assigns, and against any competitor for any and all damages which may be sustained by me in connection with my association with or entry in the above athletic meet, and which may arise out of traveling to, participating in, and / or returning from such athletic meet. I fully understand that Tae Kwon Do is a body –contact sport and that injuries can occur during competition. I further acknowledge having received and reviewed a copy of the rules of this competition. I fully understand the competition rules and agree to fully abide by them. In the event this application is for a minor, I warrant and represent that I am the parent or legal guardian of such applicant and that I waive any and all rights and claims for damages claimed for competitors contained herein.

Note : This release, Consent and assumption of risk, has important legal consequences. If the competitor, whose name appears above, is under the age of 18, his / her parent or legal guardian must execute this document. (C.M.A. regulations will govern these championships for forms, breaking, and sparring players.)

**Each Competitor over the age of 18, Parent or Legal Guardian if under the age of 18 must signs the waiver to compete:**

COMPETITOR SIGNATURE (IF OVER 18 YEARS OF AGE) \_\_\_\_\_ DATE: \_\_\_\_/\_\_\_\_/\_\_\_\_

PARENT / LEGAL GUARDIAN SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_/\_\_\_\_/\_\_\_\_

(IF COMPETITOR IS UNDER 18YEARS OF AGE)



# 2019 TIGER KOO'S OPEN CHAMPIONSHIP GROUP/FAMILY ENTRY FORM

List All Competing Team Member's Name (First & Last)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

School Name & Phone Number: \_\_\_\_\_

Form Being Performed: \_\_\_\_\_

Team Fee: \$100.00 Total For Entire Team. **\*This is included In "Events"**

## "LIABILITY WAIVER"

In Consideration of your acceptance of my entry in this tournament, I do hereby on behalf of myself, my heirs, executors, administrators waive, release and forever discharge any and all rights and claims for damages which I may have against Chicago Martial Arts Association and Members of the tournament and their respective officers, agents, representatives, successors, and / or assigns, and against any competitor for any and all damages which may be sustained by me in connection with my association with or entry in the above athletic meet, and which may arise out of traveling to, participating in, and / or returning from such athletic meet. I fully understand that Tae Kwon Do is a body-contact sport and that injuries can occur during competition. I further acknowledge having received and reviewed a copy of the rules of this competition. I fully understand the competition rules and agree to fully abide by them. In the event this application is for a minor, I warrant and represent that I am the parent or legal guardian of such applicant and that I waive any and all rights and claims for damages claimed for competitors contained herein.

Note : This release, Consent and assumption of risk, has important legal consequences. If the competitor, whose name appears above, is under the age of 18, his / her parent or legal guardian must execute this document. (C.M.A. regulations will govern these championships for forms, breaking, and sparring players.)

Each Competitor over the age of 18, Parent or Legal Guardian if under the age of 18 must sign the waiver to compete:

----- Competitor / Parent / Legal Guardian Signature	----- Date	----- Competitor / Parent / Legal Guardian Signature	----- Date
----- Competitor / Parent / Legal Guardian Signature	----- Date	----- Competitor / Parent / Legal Guardian Signature	----- Date
----- Competitor / Parent / Legal Guardian Signature	----- Date	----- Competitor / Parent / Legal Guardian Signature	----- Date



## TIGER KOO'S MARTIAL ARTS ACADEMY

Algonquin East

1536 E. Algonquin Road, Algonquin, IL 60102

847-658-0099

Hoffman Estates

1465 Palatine Road, Hoffman Estates, IL 60192

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Lake in the Hills

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